

Your step by step guide to using terries and prefolds

PUTTING ON A WRAP

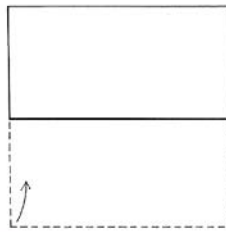


- 1 Place wrap under baby wearing cotton nappy.

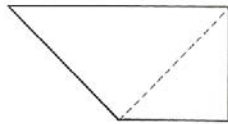


- 2 Pull each side of the wrap over the nappy and secure the Velcro. Make sure that no fabric is protruding from the legs or top of the nappy or else wicking will occur.

FOLD FOR A NEW BORN



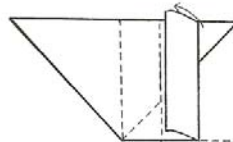
- 1 Fold Terry in half, upwards.



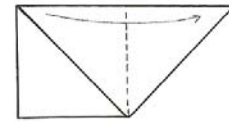
- 4 Turn whole nappy over.



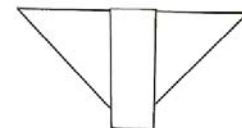
- 2 Fold in half again, with all corners at top left.



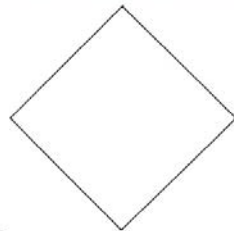
- 5 Fold in a third, then a third again, into the middle. (Fold into quarters for a tiny baby, so the resulting pad is narrower.)



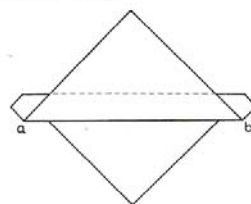
- 3 Take left hand corner of top layer across to form a triangle.



PLEAT FOLD



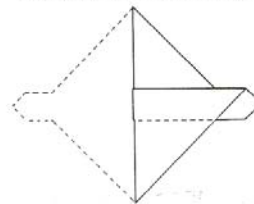
- 1 Spread nappy out into a diamond shape.



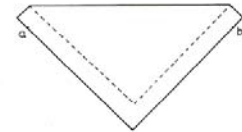
- 4 Take bottom corner up again, folding from a/b to make a pleat.



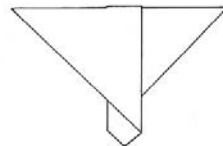
- 2 Fold down top corner, stopping a few centimetres short of the bottom corner.



- 5 Fold nappy in half vertically.

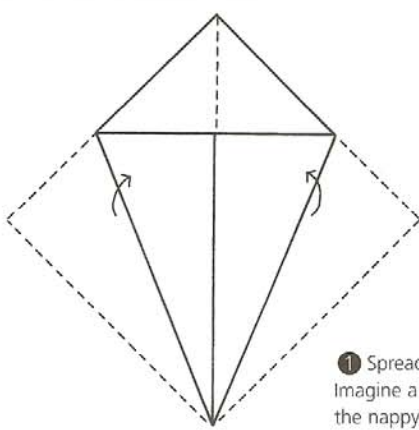


- 3 Turn the whole nappy over.

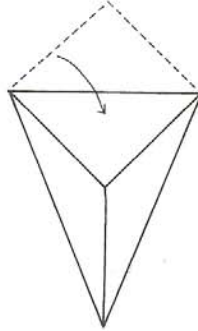


- 6 Place baby on nappy. Bring middle part up between legs. Fold sides one over the other and secure.

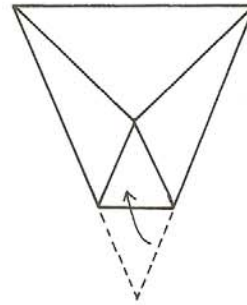
KITE FOLD



1 Spread nappy out into a diamond shape. Imagine a line running down the middle of the nappy, top to bottom. Fold left and right corners in to meet at that line.

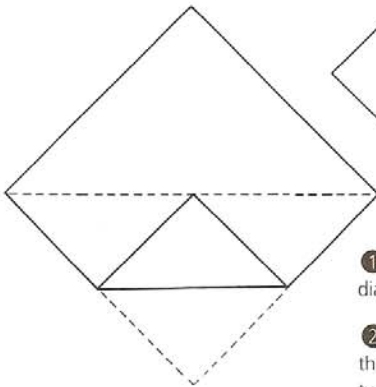


2 Fold top corner down, like an envelope.



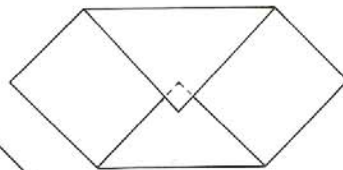
3 Bring bottom corner up. Adjust to suit baby's size.

NEAT FOLD



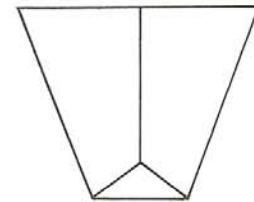
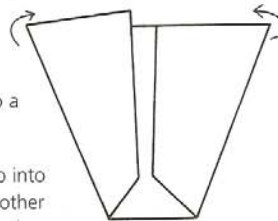
1 Spread nappy out into a diamond shape.

2 Fold bottom corner up into the centre, level with the other two corners of the diamond.

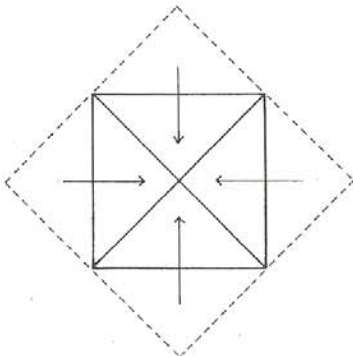


3 Fold down the top corner so that it just overlaps the bottom one.

4 Bring left and right corners to the middle of the top edge.

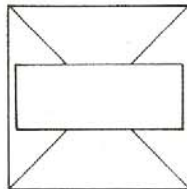


ENVELOPE FOLD

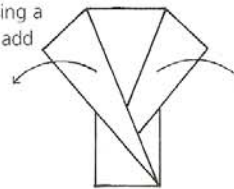


1 Lay nappy out in a diamond.

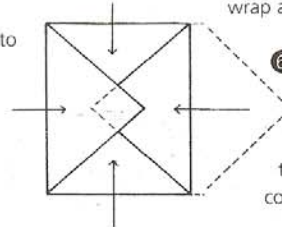
2 Fold each corner into the middle to form a square.



3 If using a booster add it now.



4 Fold into thirds to make a pad.



5 Holding the nappy at the bottom edges, open out at the top to make a nappy shape. Place liner on top if using one. If using a Terry put on baby using a Nappi Nippa, or place in velcro fastening wrap and put on baby.

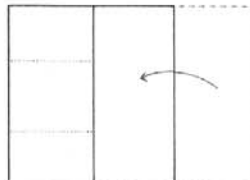
6 For smaller babies reduce the length at stage 2 by overlapping top and bottom corners.

FOLDING A PREFOLD

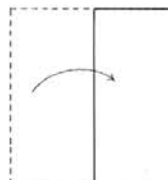
1 PADDING IN THE MIDDLE



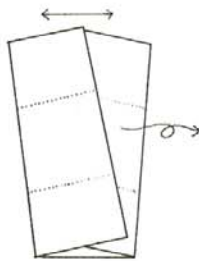
1 Lay out the prefold with seams running horizontally (across)



2 Fold 1/3 over from the right...



3 Then left

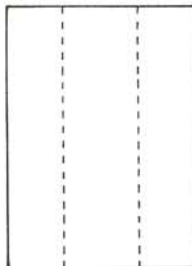


4 Fan out back

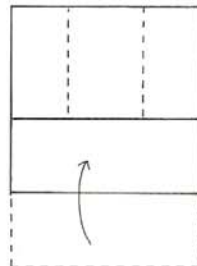


5 Turn over and place in wrap before putting on baby.

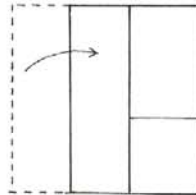
2 EXTRA FRONT AND BACK PADDING



1 Layout out prefold with seam running vertically (top to bottom)



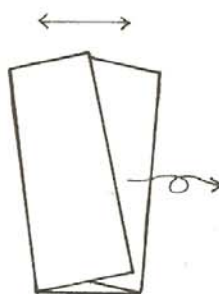
2 Fold 1/3 up



3 Fold left side over middle seam



4 Fold right side over, tucking under left side



5 Fan out back then turn over



6 Place in wrap before putting on baby

HOW TO USE A NAPPI NIPPA

1 Place baby on the folded nappy; you may want to use a liner. Bring up nappy between the baby's legs.



2 Pull the nappy over one hip and then the other.



3 Hold with one hand while you get hold of your nappi nippa



4 Place nappi nippa on nappy, hold down at the centre with thumb. Pull ring on one claw then dig into fabric until the claw stays in place.

Repeat with other 2 claws ensuring you pull the nappi nippa arms taught.